

BALMORAL LITTLE ATHLETICS NEWSLETTER

Publisher BLAC

Volume Number 2008 Issue Number 01

Date 7 Oct 2008

WELCOME

Welcome to our club for the 2008-2009 season to all our returning athletes as well as to all our new members. Our registration numbers have increased this season and we should see our numbers exceed 300.

It is vitally important that we get as many parents helping each week so that we may get through our programs at a reasonable time. Our largest age group Under 6 Boys currently have 29 registered athletes and our programs will be adjusted accordingly for our younger athletes. Uniforms are compulsory for all registered athletes and the Registration numbers are required to be displayed on the Front of the athlete's uniforms. Shorts must also be plain navy blue with no logo and skins are to be navy blue or black. Please note that skins are not permitted to be worn at any of our Regional/State Championships. Registration numbers can be collected from Jacqui and uniforms should be arriving within the next week or so.

BIRTH CERTIFICATES

Birth Certificates: Please note that it is a requirement that we sight a birth certificate/passport as proof of age. Any athlete who has not provided this proof will not have their results recorded. Please see Jacqui in the clubhouse to verify details.

COMMITTEE

Our club revolves around parents taking an active role as volunteers, whether it is on the committee, Age Marshals or assisting on the night. We currently have an opening on the committee for any keen parent who wishes to get involved. A minimum of two keen parents are sought. Many hands make light work, and this season our club is hosting the South East Regional Competitions. Our committee meets once a month on Tuesday evenings during the season (Wednesday off season). Please see Lina or any committee member if you are keen to get involved.

TRAINING

Training commences 7 October 5.30pm – 6.30pm and Sunday 8.00am – 10.00am. Uniforms are not required for training.

REGISTRATIONS

Registrations: Tuesday 7 October 5.30pm – 6.15pm. Please note that registrations will no longer be processed on Wednesday as our competition season has started.

TOTALLY WILD VISIT

Last week on Wednesday athletes from U14-U15 age group from Balmoral, Wynnum Manly, Mt Gravatt, Redlands and Aspley were invited by QLAA to participate in an athletics session being filmed by Channel 10. Events were Hurdles, Long Jump, Discus and Shot Put. Thank you to Davina Flynn (Captain), Grace Harris (Vice), Michael Criticos (Vice) & Matt Fonoti (Hurdles) who represented our club. Watch out for this segment on Channel 10 and Michael's interview with Adam from Totally Wild.

HELP WANTED!!!

Canteen/BBQ. Can you help? We would like to have two or more parents run and organise the canteen and Barbeque on Wednesday nights. If you are keen to assist in this area please see Lina or a committee member.

SPONSORS

Sponsors. Thanks to IGA, Carina North for donating Bread each week for our BBQ and also to Carina Leagues Club for the grant to purchase a tiller for our Long Jump Pit.

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DEVELOPMENT TOUR

Development Tour New Zealand 19–26 January
U14 & U15 Athletes: Nominations for this tour closes Friday 10 October. A team of 20 athletes will be selected for this 7 day tour (10 boys & 10 girls). Please see Lina if you are interested.

REGIONAL RELAYS

South East Regional Relays 15 November;
Mansfield State High School. All athletes U7 – U15 are invited to participate in this Regional Carnival. Teams of four are required for the Track and individual entries for the Field events. This is a fun competition and runs from 9.00am – 3.00pm. 9 clubs are involved and there are no finals. Top four placed teams from U9-U15 progress to State Relay Championships in December.

4x70m, 4x100m, Shot or Discus, Long or High Jump – U7 – U10

4 x 100m, 4xMedley (2x200m, 1x400m, 1x800m),
High Jump/ Long; Shot/Discus – U11-U15.

Fees for this competition have been included in your registration fees. We would like as many athletes to participate on the day as a shield is awarded to the club with the highest number of team entries and results on the day. Be part of this exciting Team Day. Nomination forms will be available next week.

All Under 7 & Under 8 athletes will receive a medal for the day.

WEBSITE

Yearbook. This will be posted to the website shortly. Wet weather cancellations will also be posted to the website by 4.30pm Wednesday

TROPHIES

Trophies for this season have been revamped and will be emailed to all registered members within the next week. It will also be posted to our website. New awards based on MacDonald's Levels, Personal Bests (Replaces Aggregate Award) and a Pennant for all athletes that compete at State Relays & State Championships is some of the new additions this season.

To be eligible for a Trophy at the end of the season, athletes must have competed in 10 full centre night competitions, with three out of the ten after the Xmas period by the end of February 2009. All athletes that meet these criteria will receive a Trophy.

Outstanding Trophies from last season still remains uncollected and will be on display in the clubhouse.

ON A LIGHTER NOTE

Did you hear the story about a Centre Manager (no names) that took about 60 Under 6 Boys and Under 6 Girls for their Orientation night? Well, one child was lost and when this child was found, what did she have to say to the Centre Manager, "Mum, I had a great time at the Park"

EDITORS NOTE

Have a query or some great news to share with us. Please email the club with any feedback Contributions by way of photos or articles for next seasons Yearbook can be submitted to the editor at our club email

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