

## CHRISTMAS BREAK

We will compete 12 Dec (weather permitting) and come back 9 January 2008. There will be no training sessions in December. Training will resume Sunday 13 Jan 8am

## STATE CHAMPIONSHIPS RELAY

Congratulations to all athletes that competed on the day. A fantastic club effort with only three changes being made to teams due to injury and one athlete away at a school weekend camp. 9 Medals were won.

Gold - U10 Girls 4x100, (Hannah, Jamilla, Emily & Dorinda)

U10 Girls 4x200 (Hannah, Erin, Jamilla & Dorinda) - 0.015s outside the Qld record.

Silver - U10 Girls Long Jump (Erin & Hannah), U12 Boys A 4x100 & 4x Medley (Joe, Tim, Robby & Tom), U13 Girls Shot Put (Grace & Hayley)

Bronze - U10 Girls Shot (Emily & Dorinda), U10 Boys Shot (Luke & Chance), U10 Boys 4x200m (Luke, Chance, Nathan & Jackson)

Jessica Willmott won a bronze medal as part of the Under 15 South East Regional 4x100m Relay team.

Most improved teams: Under 11 Girls Medley (Hannah (U10), Erin (U10), Olivia & Moana ran a 22.16 second improvement from Regionals and

Under 9 Girls High Jump (Khia & Monique) who were ranked about 30<sup>th</sup> at States and finished in 4<sup>th</sup> place.

## REGIONAL INTERCENTRE GAMES UNDER 7 - UNDER 17

These will be held at Oliver Sports Complex 293 Logan Rd, Beenleigh 16<sup>th</sup> &

17<sup>th</sup> Feb 2008. Athletes may select a minimum of one to a maximum of five events. Cost per event \$2.50, Under 15- Under 17 Pentathletes \$7.70 (Sunday) and an additional \$2.20 for two extra events otherwise normal fee of \$2.50 per event applies. This is the qualifying event for State Titles for Under 9 - Under 15. Athletes should be there 45 minutes before their scheduled events. Finals will be held and medals will be awarded to top three in the finals. Under 7 & Under 8 Athletes will receive a participation medal for the weekend. Top four athletes will qualify for State Championships in late March. Athlete of the year is selected from the athlete who has the overall best performance at State Championships. **We will be accepting nominations until the closing date, 23 January 2008. A copy of the nomination form is available on our club website [www.blac.org.au](http://www.blac.org.au)** Athletes who jump/run/throw a State qualifying height/time/distance will also progress to State Titles. Please note there will be no finals for Under 7 & Under 8 athletes.

## JUNIOR CARNIVAL UNDER 7 - UNDER 11/SENIOR PENTATHLON UNDER 12-UNDER 15

This carnival is being held on Sunday 8 March 2008. We will be accepting nominations until the closing date, 27 February 2008.





## UNIFORMS

There has been a delay from the suppliers and these should be received during the holidays. All registered athletes should be competing in full uniform each week.

Uniforms can be purchased on Wednesday between 5-5.30pm.

## PB AWARDS

Congratulations to Ben Woods (U15 Boys), Tayla Fredericks (U9 Girls) and Naomi Perrier (U6 Girls) for achieving the most PB's for the Month of October.

November awards will be handed out on Wednesday.

## ABSENCES DUE TO SCHOOL COMMITMENTS

If your child has been away due to either school graduation or school camp, please make a note in the sign in book or on the recording sheets so that they will have their participation points allocated to their attendance rate.

## ALL SCHOOLS PRIMARY SCHOOL NATIONALS – LAUNCESTON

Congratulations to Liam Boudin (Under 11) who recently competed in the 800m at the above championships. Liam came 4<sup>th</sup> and ran a fantastic time 2:24.61 in the final (6 sec improvement in the final). Well done Liam.

Liam also ran the second 200m in the Medley team (2x200m, 1x100m, and last 1x300m) , and the team came home one second ahead of NSW to win GOLD. Fantastic effort!!

*(Did you know that the winner of the Under 11 Girls Shot Put threw 16.20m in the final and 39.42m in the Discus to set new Australian Records in both events - Wow!!)*

## QLAA YEAR BOOKS

These are now available as well as IGA patches which should be sewn or pinned to the right sleeve of our club uniforms. Please see Jacqui in the clubhouse for your copy.

The QLAA Year Book has a full page picture of Hannah Schlecht (Under 10) and an appearance by Neva Fonoti (Under 12) and Jake Butterworth (2006-U12) as well. If you look very closely with a magnifying glass, you can see our Centre Manager at the QLAA conference.

The QLAA Year Books lists full results for all the 2006/7 State Championships as well as Queensland State Records and the current holders. Check out what records our club currently holds.

## FROM THE EDITOR

If you would like to have an item or story published in the next edition please submit your article to [balmorallittlea@optusnet.com.au](mailto:balmorallittlea@optusnet.com.au)

