

CENTRE MANAGERS REPORT

We are now into Week 8 of our season. The program should be running smoothly now and with your continued support it will continue to do so. Thank you to all our parents who kindly volunteer each week to assist with Age Marshalling, helping out in the canteen, cooking up the BBQ, assisting as Time Keepers and other roles as required on the night. I welcome back Chris Birch from holidays who will take over as Starter for the Front Straight. This will give me an opportunity to visit as many age groups as I can each week. Please feel free to ask any questions. Any feedback is appreciated and can only assist in improving our competition nights. John Wyld-Browne is our regular starter on the Back Straight. Chief Timekeepers for the Front Straight is Jan Dunn and Peter Drury and for the Back Straight Jim Schlecht. If you can assist with Time keeping please see our Chief Timekeepers, during the warm up period so that we can start the Track immediately after wards.

BBQ AND CANTEN

If you can assist in these areas, please see Trish Rashad our Canteen Convenor. We have added chicken sausages (gluten free) to our BBQ menu which will be available each week.

QLD PRIMARY SCHOOL TRACK & FIELD CHAMPS.

Congratulations to the athletes who travelled up to Cairns representing Met East and Met North. It was a great competition and for the athletes to be there when Cathy Freeman's U11 Girls 200m record was broken was fantastic. Our athletes won three medals with Liam Boudin silver U10 Boys 800m (on the back of a 200m Final), . Michael Criticos, Bronze U12 Boys Shot and Tom Rashad Bronze U11 Boys 4x100m Relay. Special congratulations to Liam Boudin who made the Queensland Team. Liam will travel to Tasmania for the Nationals October 30. Go Liam!!!

CLUB CAPTAINS 2007-2008

Congratulations to our Captains and Vice for the season.

Captains: Ben Woods and Emily Wilson

Vice: Isaac Dunmall and Jessica Willmott

UNIFORMS

Just a reminder that all registered athletes should now be competing in uniform. Skins may be worn at our club meets; however they must be **navy blue or black**. We will allow full length skins at our home meets but please be aware if you are competing at an away competition skins must be knee length in our club colour or black.





RELAY DAY

Where: Cleveland State High School,
Russell Road, Cleveland.

When: Saturday 10 November

Time: Report 7.30am for an 8am start
for all nominated athletes.

Parking: Side roads or behind the
community hall next door.

Program: Available on our website
www.blac.org.au

Uniforms: Compulsory

Mission: Be there in force and
represent our club and have fun

Absentees: Call Lina 043 1016 214

A roster has been drawn up for both
the Boys High Jump (All Day) and
Canteen and Drinks stall from 1pm -
4pm for families who have nominated
for relay day. It will be on display in
our Marquee. Please see Jacqui on the
day for any changes to the roster.

MONTHLY PB'S

Two awards will be awarded this week
to one athlete from both U6-U11 and
U12-U15 for the highest number of PB's
(Personal Best) obtained in October.
Another award will again be on offer
for each month and an End of Year
Trophy will be awarded to the athlete
with the highest number of PB's over
the season from both groups.
It is important that all times, distances,
heights are recorded on the recording
sheets each Wednesday night.

TRAINING

Tuesday 5.30pm - 6.30pm

Sunday 8.00am - 10.00am

Please bring a hat and water bottle.
No uniforms required.

FROM THE EDITOR

If you would like to have an item or
story published in the next edition
please submit your article to
balmorallittlea@optusnet.com.au

