

WEEK 9 - 8th November 2017

Note: If any of your events are shaded this is the last use of that event for the night. On completion of your event please pack away equipment and dismantle netting / bunting to allow collection at the end of the night. Any assistance received at the end of the night to return all equipment to the shed is appreciated.

U6 Boys	U6 Girls	U7 Boys	U7 Girls	U8 Boys	U8 Girls	U9 Boys	U9 Girls	U10 Boys	U10 Girls	U11 Boys	U11 Girls	U12 Boys	U12 Girls	U13 Boys	U13 Girls	U14 - U17 Boys	U14-U17 Girls
High Jump 1	High Jump 2	Long Jump 4	Long Jump 1	High Jump 3 & 4	Turbo Jav 3	Shot Put 1 & 2	Shot Put 3 & 4	100m	100m	Long Jump 2	Long Jump 3	Flop 1	Flop 2	100m	100m	Javelin 1	Javelin 1
100m	100m	100m	100m	100m	100m	100m	100m	Discus 1	Discus 2	100m	100m	100m	100m	Long Jump 1	Long Jump 1	100m	100m
Shot Put 3	Shot Put 4	Discus 3	Discus 4	Turbo Jav 3	High Jump 3 & 4	Long Jump 2 & 3	Long Jump 1	200m	200m	Javelin 1	Javelin 2	Shot Put 1	Shot Put 2	200m	200m	Flop 1	Flop 1
200m	200m	200m	200m	200m	200m	200m	200m	High Jump 1 & 2	High Jump 3 & 4	200m	200m	200m	200m	Discus 1	Discus 1	200m	200m

RECORD PARENT HELPERS HERE

NOTES

TRACK SCHEDULE

<u>Age Marshall</u>																	
<u>Recorder</u>																	
<u>Parent helper 1</u>																	
<u>Parent helper 2</u>																	
<u>Parent helper 3</u>																	
<u>Parent helper 4</u>																	
<u>Parent helper 5</u>																	
<u>Parent helper 6</u>																	
<u>Parent helper 7</u>																	
<u>Parent helper 8</u>																	
<u>Parent helper 9</u>																	
<u>Parent helper 10</u>																	

Please ensure parent helpers have their names clearly recorded as the end of season refund is assessed using this information only. **Help is required for all events on the night to be eligible for signing.**

Long Jump 4 is jumping in to pit 1 from the north end.

Vortex / Turbo Jav 3 & 4 is by the clubhouse (same as Discus 3 & 4).

Event	Distance	Age Groups	Notes	
1	100m	U10 B&G	Boys first	
	(Front Straight)	100m	U13 B&G	
		100m	U6 B&G	Arrival order
		100m	U7 B&G	Arrival order
		100m	U8 B&G	Arrival order
2		100m	U9 B&G	Arrival order
		100m	U11 B&G	Arrival order
		100m	U12 B&G	Arrival order
		100m	U14-U17 B&G	Arrival order
		200m	U6 B&G	Arrival order
	(Front Straight)	200m	U7 B&G	Arrival order
		200m	U8 B&G	Arrival order
		200m	U9 B&G	Arrival order
		200m	U10 B&G	Arrival order
		200m	U11 B&G	Arrival order
	200m	U12 B&G	Arrival order	
	200m	U13 B&G	Arrival order	
	200m	U14-U17 B&G	Arrival order	