

WEEK 8 - 1/11/17

Note: If any of your events are shaded this is the last use of that event for the night. On completion of your event please pack away equipment and dismantle netting / bunting to allow collection at the end of the night. Any assistance received at the end of the night to return all equipment to the shed is appreciated.

U6 Boys	U6 Girls	U7 Boys	U7 Girls	U8 Boys	U8 Girls	U9 Boys	U9 Girls	U10 Boys	U10 Girls	U11 Boys	U11 Girls	U12 Boys	U12 Girls	U13 Boys	U13 Girls	U14 - U17 Boys	U14-U17 Girls
60m hurdles	60m hurdles	60m hurdles	60m hurdles	60m hurdles	60m hurdles	Discus 1	Discus 2	Long Jump 1	FlyHi Jav 2	High Jump Flop	High Jump Flop	Triple Jump 2	Triple Jump 3	High Jump Flop	High Jump Flop	Shot Put 1	Shot Put 1
Long Jump 4	Discus 3	High Jump 1 & 2	Vortex 4	Long Jump 2 & 3	Long Jump 1	60m hurdles	60m hurdles	60m hurdles	60m hurdles	70m	70m	70m	70m	70m	70m	70m	70m
70m	70m	70m	70m	70m	70m	High Jump 1 & 2	High Jump 3 & 4	FlyHi Jav 2	Long Jump 1	Shot Put 2	Shot Put 1	Discus 1	Discus 2	80m hurdles	80m hurdles	Triple Jump 2 or 3	Triple Jump 2 or 3
Discus 3	Long Jump 4	Vortex 4	High Jump 1 & 2	Shot Put 3 & 4	Shot Put 1 & 2	70m	70m	70m	70m	60m hurdles	60m hurdles	60m hurdles	60m hurdles	Javelin 1	Javelin1	80-100m hurdles	80-100m hurdles

RECORD PARENT HELPERS HERE

NOTES

TRACK SCHEDULE

<u>Age Marshall</u>	<p>Please ensure parent helpers have their names clearly recorded as the end of season refund is assessed using this information only. Help is required for all events on the night to be eligible for signing.</p> <p>Regional relay teams have been completed - please see Leisa for details and to advise time slot that you will be helping out.</p> <p>Senior Carnival / Junior pentathlon athletes good luck this weekend.</p>	Event	Distance	Age Groups	Notes	
<u>Recorder</u>		1	60mH	U6 B & G	lanes1-4 Girls first	20cm
<u>Parent helper 1</u>		(Front Straight)	60mH	U7 B&G	lanes1-4 Girls first	30cm
<u>Parent helper 2</u>			60mH	U8 B&G	lanes 3-8 Girls first	45cm
<u>Parent helper 3</u>			60mH	U9 B&G	lanes 3-8 Girls first	45cm
<u>Parent helper 4</u>			60mH	U10 B&G	lanes 3-8 Girls first	60cm
<u>Parent helper 5</u>			60mH	U11 B&G	lanes 3-8 Girls first	60cm
<u>Parent helper 6</u>			60mH	U12 B&G	lanes 3-8 Girls first	68cm
<u>Parent helper 7</u>			80mH	U13 B&G)----- Combine	76cm
<u>Parent helper 8</u>			80mH	U14G)	
<u>Parent helper 9</u>		90mH	U14B)----- Combine	76cm	
<u>Parent helper 10</u>		90mH	U15-16G)		
		100mH	U17G)----- Combine	76cm	
		100mH	U15-17B)		
		2	70m	U6 B&G	Arrival order	
		(Back Straight)		U7 B&G	Arrival order	
				U8 B&G	Arrival order	
				U9 B&G	Arrival order	
				U10 B&G	Arrival order	
				U11 B&G	Arrival order	
				U12 B&G	Arrival order	
				U13 B&G	Arrival order	
				U14-17 B&G	Arrival order	