

WEEK 21 - 14th March 2018

Note: If any of your events are shaded this is the last use of that event for the night. On completion of your event please pack away equipment and dismantle netting / bunting to allow collection at the end of the night. Any assistance received at the end of the night to return all equipment to the shed is appreciated.

U6 Boys	U6 Girls	U7 Boys	U7 Girls	U8 Boys	U8 Girls	U9 Boys	U9 Girls	U10 Boys	U10 Girls	U11 Boys	U11 Girls	U12 Boys	U12 Girls	U13 Boys	U13 Girls	U14 - U17 Boys	U14-U17 Girls																		
Vortex 3	Vortex 4	Long Jump 1	Long Jump 4	high jump 1 & 2	high jump 3	Shot Put 1	Shot Put 2	200m	200m	Long Jump 2	Long Jump 3	High Jump flop 1		Discus 1		Javelin 1																			
200m	200m	200m	200m	200m	200m	200m	200m	Discus 1	Discus 2	200m	200m	200m		200m		200m																			
High Jump 4		Discus 1	Discus 2	Turbo Javelin 1	Turbo Javelin 2	Long Jump 2 & 3	Long Jump 1	70m	70m	Shot Put 3 & 4	Shot Put 2	Shot put 1		Long Jump 1		High Jump flop 1																			
70m	70m	70m	70m	70m	70m	70m	70m	High Jump 1 & 2	High Jump 3	70m	70m	70m		70m		70m																			
<u>RECORD PARENT HELPERS HERE</u>						<u>NOTES</u>						<u>TRACK SCHEDULE</u>																							
<p><u>Age Marshall</u></p> <p><u>Recorder</u></p> <p><u>Parent helper 1</u></p> <p><u>Parent helper 2</u></p> <p><u>Parent helper 3</u></p> <p><u>Parent helper 4</u></p> <p><u>Parent helper 5</u></p> <p><u>Parent helper 6</u></p> <p><u>Parent helper 7</u></p> <p><u>Parent helper 8</u></p> <p><u>Parent helper 9</u></p> <p><u>Parent helper 10</u></p>						<p>Please ensure parent helpers have their names clearly recorded as the end of season refund is assessed using this information only. Help is required for all events on the night to be eligible for signing.</p> <p>We are trialling a new high jump rules where there are 4 total fouls allowed. 3 consecutive fouls rule also applies & each athlete may attempt max 5 heights only - except when only 1 athlete remains.</p> <p>Please be respectful of all athletes and parents at all times. Please do not pass through an event - walk around. Pay attention at all times near throwing events.</p> <p>be respectful of all athletes and parents at all times. Please do not pass through an event - walk around. Pay attention at all times near throwing events.</p>						<p>Event</p> <p>Distance</p> <p>Age Groups</p> <p>Notes</p>																							
												1						200m						U10 B&G						Girls first					
												(Front Straight)						200m						U6 B&G						Arrival order					
																		200m						U7 B&G						Arrival order					
																		200m						U8 B&G						Arrival order					
																		200m						U9 B&G						Arrival order					
																		200m						U11 B&G						Arrival order					
																		200m						U12 B&G						Arrival order					
																		200m						U13 B&G						Arrival order					
																		200m						U14-U17 B&G						Arrival order					
						2						70m						U6 B&G						Arrival order											
						(Front Straight)						70m						U7 B&G						Arrival order											
												70m						U8 B&G						Arrival order											
												70m						U9 B&G						Arrival order											
												70m						U10 B&G						Arrival order											
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												70m						U13 B&G						Arrival order											
												70m						U14-U17 B&G						Arrival order											