WEEK 18 - 21st February 2018

Note: If any of your events are shaded this is the last use of that event for the night. On completion of your event please pack away equipment and dismantle netting / bunting to allow collection at the end of the night. Any assistance received at the end of the night to return all equipment to the shed is appreciated.

U6 Boys	U6 Girls	U7 Boys	U7 Girls	U8 Boys	U8 Girls	U9 Boys	U9 Girls	U10 Boys	U10 Girls	U11 Boys	U11 Girls	U12 Boys	U12 Girls	U13 Boys	U13 Girls	U14 - U17 Boys	U14-U17 Girls
60mH	60mH	60mH	60mH	60mH	60mH	Turbo Javelin 1	Turbo Javelin 2	Shot Put 1 & 2	High Jump 1	Long Jump 2	Long Jump 3	Flop 1	Flop 1	Long Jump 1	Long Jump 1	Discus 1	Discus 1
Vortex 3	Vortex 4	Shot Put 3	Shot Put 4	High Jump 3 & 4	High Jump 2	60mH	60mH	60mH	60mH	60mH	60mH	60mH	60mH	80mH	80mH	80-100mH	80-100mH
100m	100m	100m	100m	100m	100m	Long Jump 2 & 3	Long Jump 1	100m	Shot Put 2	Discus 2	Discus 1	Javelin 1	Javelin 2	Shot Put 1	Shot Put 1	Flop 1	Flop 1
High Jump 3	High Jump 4	Long Jump 4	Long Jump 1	Discus 1 & 2	Discus 3 & 4	100m	100m	High Jump 1 & 2	100m	100m	100m	100m	100m	100m	100m	100m	100m

RECORD PARENT HELPERS HERE

Age Marshall

Recorder

Parent helper 1

Parent helper 2

Parent helper 3

Parent helper 4

Parent helper 5

Parent helper 6

Parent helper 7

Parent helper 8

Parent helper 9

Parent helper 10

NOTES

Please ensure parent helpers have their names clearly recorded as the end of season refund is assessed using this information only. ***Help is required for all events on the night to be eligible for signing.***

We are trialling a new high jump arrangment where there are 4 total fouls allowed. 3 consecutive fouls rule remains & each athlete may attempt max 5 heights only - except when only 1 athlete remains.

Long jump 4 is jumping in to pit 1 from the north end.
Vortex 3 & 4 is by the clubhouse.

TRACK SCHEDULE

1	60mH	U6 B & G	lanes1-4	Girls first	20cm
(Front Straight)	60mH	U7 B&G	lanes1-4	Girls first	30cm
	60mH	U8 B&G	lanes 5-8	Girls first	45cm
	60mH	U9 B&G	lanes 1-8	Girls first	45cm
	60mH	U10 B&G	lanes 1-8	Girls first	60cm
	60mH	U11 B&G	lanes 1-8	Girls first	60cm
	60mH	U12 B&G	lanes 1-8	Girls first	68cm
	80mH	U13 B&G	)------	Combine	76cm
	80mH	U14G	)		
	90mH	U14B	)------	Combine	76cm
	90mH	U15-16G	)		
	100mH	U17G	)------	Combine	76cm
	100mH	U15-17B	)		
2	100m	U6 B & G		Arrival order	
(Front Straight)	100m	U7 B & G		Arrival order	
	100m	U8 B & G		Arrival order	
	100m	U9 B & G		Arrival order	
	100m	U10 B & G		Arrival order	
	100m	U11 B & G		Arrival order	
	100m	U12 B & G		Arrival order	
	100m	U13 B & G		Arrival order	
	100m	U14-17 B & G		Arrival order	