

WEEK 17 - 14th February 2018

Note: If any of your events are shaded this is the last use of that event for the night. On completion of your event please pack away equipment and dismantle netting / bunting to allow collection at the end of the night. Any assistance received at the end of the night to return all equipment to the shed is appreciated.

U6 Boys	U6 Girls	U7 Boys	U7 Girls	U8 Boys	U8 Girls	U9 Boys	U9 Girls	U10 Boys	U10 Girls	U11 Boys	U11 Girls	U12 Boys	U12 Girls	U13 Boys	U13 Girls	U14 - U17 Boys	U14-U17 Girls
Long Jump 4	Long Jump 1	High Jump 3 & 4	High Jump 1 or 2	Shot Put 1 & 2	Shot Put 3	Discus 1	Discus 2	Long Jump 2 & 3	Fly Hi Javelin 1	100m	100m	100m	100m	100m	100m	100m	100m
100m	100m	100m	100m	100m	100m	100m	100m	100m	100m	Shot Put 1	Shot Put 2	Long Jump 1	Long Jump 1	Flop 2	Flop 2	Long Jump 1	Long Jump 1
Discus 1	Discus 2	Vortex 3	Vortex 4	Long Jump 2 & 3	Long Jump 4	High Jump 1 & 2	High Jump 3 & 4	Fly Hi Javelin 1	Long Jump 1	800m	800m	800m	800m	800m	800m	800m	800m
200m	200m	300m	300m	500m	500m	800m	800m	800m	800m	Flop 2	Flop 2	Discus 1	Discus 2	Javelin 1	Javelin 1	Shot Put 1	Shot Put 1

RECORD PARENT HELPERS HERE

NOTES

TRACK SCHEDULE

<u>Age Marshall</u>	<p>Please ensure parent helpers have their names clearly recorded as the end of season refund is assessed using this information only. Help is required for all events on the night to be eligible for signing.</p> <p>We are trialling a new high jump rules where there are 4 total fouls allowed. 3 consecutive fouls rule also applies & each athlete may attempt max 5 heights only - except when only 1 athlete remains.</p> <p>Long jump 4 is jumping in to pit 1 from the north end.</p> <p>Vortex 3 & 4 is by the clubhouse.</p>	Event	Distance	Age Groups	Notes
<u>Recorder</u>		1	100m	U14-U17 B&G	Girls first
<u>Parent helper 1</u>		(Front Straight)	100m	U13 B&G	Girls first
<u>Parent helper 2</u>			100m	U12 B&G	Girls first
<u>Parent helper 3</u>			100m	U11 B&G	Girls first
<u>Parent helper 4</u>			100m	U10 B&G	Arrival order
<u>Parent helper 5</u>			100m	U9 B&G	Arrival order
<u>Parent helper 6</u>			100m	U8 B&G	Arrival order
<u>Parent helper 7</u>			100m	U6 B&G	Arrival order
<u>Parent helper 8</u>			100m	U7 B&G	Arrival order
<u>Parent helper 9</u>		2	200m	U6 B&G	Arrival order
<u>Parent helper 10</u>		(Front Straight)	300m	U7 B&G	Arrival order
			500m	U8 B&G	Arrival order
			800m	U9 B&G	Arrival order
			800m	U10 B&G	Arrival order
			800m	U11 B&G	Arrival order
			800m	U12 B&G	Arrival order
			800m	U13 B&G	Arrival order
			800m	U14-U17 B&G	Arrival order