

WEEK 14 - 24th January 2018

Note: If any of your events are shaded this is the last use of that event for the night. On completion of your event please pack away equipment and dismantle netting / bunting to allow collection at the end of the night. Any assistance received at the end of the night to return all equipment to the shed is appreciated.

U6 Boys	U6 Girls	U7 Boys	U7 Girls	U8 Boys	U8 Girls	U9 Boys	U9 Girls	U10 Boys	U10 Girls	U11 Boys	U11 Girls	U12 Boys	U12 Girls	U13 Boys	U13 Girls	U14 - U17 Boys	U14-U17 Girls																																																																										
Shot Put 3	Shot Put 4	Discus 3	Discus 4	Long Jump 2 & 3	Long Jump 1	High Jump 1 & 2	High Jump 3 & 4	100m	100m	100m	100m	100m	100m	100m	100m	100m	100m																																																																										
100m	100m	100m	100m	100m	100m	100m	100m	Long Jump 2	Long Jump 3	Flop 1	Flop 2	Shot put 1	Shot put 2	Discus 1	Discus 1	Javelin 1	Javelin 1																																																																										
Long Jump 1	Long Jump 4	High Jump 1 & 2	High Jump 3 & 4	Turbo Jav. 3 & 4	Turbo Jav. 1	Shot Put 1 & 2	Shot Put 3 & 4	70	70	70	70	70	70	70	70	70	70																																																																										
70	70	70	70	70	70	70	70	Discus 1	Discus 2	Javelin 1	Javelin 2	Long Jump 2	Long Jump 3	Flop 1	Flop1	Long Jump 1	Long Jump 1																																																																										
<u>RECORD PARENT HELPERS HERE</u>						<u>NOTES</u>						<u>TRACK SCHEDULE</u>																																																																															
<u>Age Marshall</u>						<p>Please ensure parent helpers have their names clearly recorded as the end of season refund is assessed using this information only. Help is required for all events on the night to be eligible for signing.</p> <p>We are trialling a new high jump arrangement where there are 4 total fouls allowed. 3 consecutive fouls rule remains & each athlete may attempt max 5 heights only - except when only 1 athlete remains.</p> <p>Regional Championships 10th-11th Feb 2018 - nominations close 24th Jan 2018. Don't miss out get your entries in ASAP.</p>						<table border="1"> <thead> <tr> <th>Event</th> <th>Distance</th> <th>Age Groups</th> <th>Notes</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>100m</td> <td>U14-U17 B&G</td> <td>Boys first</td> </tr> <tr> <td>(Front Straight)</td> <td>100m</td> <td>U13 B&G</td> <td>Boys first</td> </tr> <tr> <td></td> <td>100m</td> <td>U12 B&G</td> <td>Boys first</td> </tr> <tr> <td></td> <td>100m</td> <td>U11 B&G</td> <td>Boys first</td> </tr> <tr> <td></td> <td>100m</td> <td>U10 B&G</td> <td>Boys first</td> </tr> <tr> <td></td> <td>100m</td> <td>U6 B&G</td> <td>Arrival order</td> </tr> <tr> <td></td> <td>100m</td> <td>U7 B&G</td> <td>Arrival order</td> </tr> <tr> <td></td> <td>100m</td> <td>U8 B&G</td> <td>Arrival order</td> </tr> <tr> <td></td> <td>100m</td> <td>U9 B&G</td> <td>Arrival order</td> </tr> <tr> <td>2</td> <td>70m</td> <td>U6 B&G</td> <td>Arrival order</td> </tr> <tr> <td>(Front Straight)</td> <td>70m</td> <td>U7 B&G</td> <td>Arrival order</td> </tr> <tr> <td></td> <td>70m</td> <td>U8 B&G</td> <td>Arrival order</td> </tr> <tr> <td></td> <td>70m</td> <td>U9 B&G</td> <td>Arrival order</td> </tr> <tr> <td></td> <td>70m</td> <td>U10 B&G</td> <td>Arrival order</td> </tr> <tr> <td></td> <td>70m</td> <td>U11 B&G</td> <td>Arrival order</td> </tr> <tr> <td></td> <td>70m</td> <td>U12 B&G</td> <td>Arrival order</td> </tr> <tr> <td></td> <td>70m</td> <td>U13 B&G</td> <td>Arrival order</td> </tr> <tr> <td></td> <td>70m</td> <td>U14-U17 B&G</td> <td>Arrival order</td> </tr> </tbody> </table>				Event	Distance	Age Groups	Notes	1	100m	U14-U17 B&G	Boys first	(Front Straight)	100m	U13 B&G	Boys first		100m	U12 B&G	Boys first		100m	U11 B&G	Boys first		100m	U10 B&G	Boys first		100m	U6 B&G	Arrival order		100m	U7 B&G	Arrival order		100m	U8 B&G	Arrival order		100m	U9 B&G	Arrival order	2	70m	U6 B&G	Arrival order	(Front Straight)	70m	U7 B&G	Arrival order		70m	U8 B&G	Arrival order		70m	U9 B&G	Arrival order		70m	U10 B&G	Arrival order		70m	U11 B&G	Arrival order		70m	U12 B&G	Arrival order		70m	U13 B&G	Arrival order		70m	U14-U17 B&G	Arrival order
Event	Distance	Age Groups	Notes																																																																																								
1	100m	U14-U17 B&G	Boys first																																																																																								
(Front Straight)	100m	U13 B&G	Boys first																																																																																								
	100m	U12 B&G	Boys first																																																																																								
	100m	U11 B&G	Boys first																																																																																								
	100m	U10 B&G	Boys first																																																																																								
	100m	U6 B&G	Arrival order																																																																																								
	100m	U7 B&G	Arrival order																																																																																								
	100m	U8 B&G	Arrival order																																																																																								
	100m	U9 B&G	Arrival order																																																																																								
2	70m	U6 B&G	Arrival order																																																																																								
(Front Straight)	70m	U7 B&G	Arrival order																																																																																								
	70m	U8 B&G	Arrival order																																																																																								
	70m	U9 B&G	Arrival order																																																																																								
	70m	U10 B&G	Arrival order																																																																																								
	70m	U11 B&G	Arrival order																																																																																								
	70m	U12 B&G	Arrival order																																																																																								
	70m	U13 B&G	Arrival order																																																																																								
	70m	U14-U17 B&G	Arrival order																																																																																								
<u>Recorder</u>																																																																																											
<u>Parent helper 1</u>																																																																																											
<u>Parent helper 2</u>																																																																																											
<u>Parent helper 3</u>																																																																																											
<u>Parent helper 4</u>																																																																																											
<u>Parent helper 5</u>																																																																																											
<u>Parent helper 6</u>																																																																																											
<u>Parent helper 7</u>																																																																																											
<u>Parent helper 8</u>																																																																																											
<u>Parent helper 9</u>																																																																																											
<u>Parent helper 10</u>																																																																																											