

UNIFORM POLICY

The wearing of uniforms in Little Athletics performs two very important tasks, to provide protection from the elements and to provide a means of identification of the athlete in a consistent and tidy manner.

This Uniform Policy addresses issues associated with the proper identification of the athlete. It should be noted however all uniforms must abide by the LAQ SunSafe Policy.

Affiliated Centres will be required to design uniforms that comply with the following:

Shirts / Tops / Bodysuits

- Shirts / Bodysuits must have sleeves and collars
- The minimum specification for the sleeve area is to be of sufficient size to cover the shoulder and deltoid muscular area
- Collars must be designed to ensure that the neckline of the shirt/ bodysuit is high and narrow enough to provide sun safe protection for the nape and chest area of the athlete
- Mesh is permissible in the midriff area only
- Bodysuits should be made from Nylon Lycra with Ultra-Violet Protection. Bodysuits should be styled to cover as much of the body as possible. The body of the suit should be one piece and provide cover to the shoulders. Bike pants should be worn with the bodysuit or be incorporated as a uni-tard
- The Bodysuit can be worn as a two-piece lycra outfit consisting of a top and bike pants / compression garments
- The shirt must overlap the bike pants / shorts / skirt by not less than 10cm
- Compression garment tops (if worn by athletes) cannot be visible

Shorts / Skirts / Bike Pants / Compression Garments (e.g. Skins)

- Uniform bottoms are defined as bike pants / compression garments, sports shorts (suitable for Track & Field), netball skirt (with sports briefs / bike pants / compression garments under)
- Bike pants / compression garments shall be above knee length. Full length will not be acceptable
- Bike pants / compression garments shall extend a reasonable length down the legs covering the buttocks and the upper thigh
- If boys choose to wear bike pants / compression garments as part of their uniform, they must wear sports shorts over the top. Bike pants / compression garments on their own are not acceptable for boys
- Bike pants / compression garments may be worn under shorts as long as they are the correct uniform bottom colour or black. Coloured stitching is permissible

Logos / Sponsorship

- The manufacturer's logo on shorts are to be no larger than 4cm×4cm
- Centre sponsorship logos are to be no larger than 10cm×5cm on shorts and no larger than 30cm×10cm on shirts
- The Centre logo on the shorts are to be no larger than 10cm x 5cm
- Any Centre sponsorship logos must not conflict with LAQ sponsors or be of an inappropriate nature for childrens' sport (e.g. gambling or alcohol related sponsorship). If there is doubt as to the whether a sponsor is inappropriate, approval must be obtained from LAQ

- Any logos on uniforms that do not follow the above size guidelines will be taped or the athlete will be asked to remove them

Socks

- Socks are not considered part of the Centre uniform.

Age Labels / Registration Numbers / LAA

- Registration numbers are to be affixed to the front of the uniform top.
- The age label is to be affixed to the left shirt sleeve or an approved position on left hand side. Failure to comply with this will lead to the athlete not being allowed to enter the competition arena.
- Uniforms must reserve the right sleeve or front right side of the shirt chest for LAA sponsorships (currently an IGA patch).
- LAQ reserves the right to set aside other parts of Centre uniforms for LAQ sponsorship. Approval for Centre uniform LAQ sponsorship shall rest with the LAQ Board of Directors.

All athletes must be attired in correct Centre uniform as approved by LAQ.